

THE 2011 PORTSMOUTH NORTHSEA DISTANCE MEET

INFORMATION SHEET

- 1 All events will be conducted strictly in accordance with ASA Law.
- 2 In order to help the meet run smoothly entries will be restricted. Any entry not accepted will be refunded in full. Consideration times apply, but will not guarantee acceptance in the meet. If the meet is under-subscribed PNSC reserve the right to accept swimmers outside of qualifying standards
- 3 Ages will be as at Day of Meet – **14 May 2011**
- 4 **EACH CLUB WITH MORE THAN 10 SWIMMERS ENTERED IN THIS MEET WILL BE EXPECTED TO PROVIDE AT LEAST ONE QUALIFIED OFFICIAL FOR EACH SESSION. DETAILS OF THIS OFFICIAL WILL BE REQUIRED WITH ENTRIES BEFORE THE SWIMMERS CAN BE ACCEPTED**
- 5 The Meet Management reserve the right to change the Meet rules at their discretion and without prior notice
- 6 THE MEET WILL RUN WITHOUT ENTRY CARDS. Once the closing date has passed, all accepted swimmers will be placed in heats. There will be no check in required on the day, this means that there will be empty lanes for those swimmers who do not attend the meet. Swimmers will be called for, in whole events, at least one event prior to their swims, and marshalled in the designated marshalling area. Swimmers will then be sent to the starting areas, in heats, by the Marshalls.
- 7 All events are heat declared winner events. There are no finals.
- 8 The CLOSING DATE for entries is **9 April 2011**
- 9 Competitors can warm down in the Learner Pool, provided that they cause no interference to the running of the Meet. This facility will be withdrawn if it abused. No diving will be allowed in the shallow pool, warm down will be limited to a short period for each swimmer directly after their event, co-operation of the coaches would be appreciated.
- 10 No reserves will be accepted for the Meet. A list of swimmers accepted and rejected will be sent to the contact stated on the Meet Entry Form. It will be the responsibility of the person receiving this information to inform all relevant swimmers of their accepted entries
- 11 Entries must be made on the forms provided (or photocopies of them). All information requested on the Entry Form must be entered legibly, including the ASA registration number. Incomplete or illegible entries will not be accepted. Entries will not be accepted without the correct fee of £8.00 per event for 800 & 1500 and for £6.00 per event for 400. **ONE CHEQUE PER CLUB PLEASE.** Please enclose a stamped addressed envelope for the return of the list of accepted entries and a list of exclusions.
- 12 **All Meet participants must observe the safety precautions in operation at Mountbatten Sports Centre and must have footwear when leaving the poolside. Swimmers must be fully clothed on the Balcony. Please note that there will be no diving allowed during warm up periods, apart from sprint lanes.**
- 13 All events will start at the timing board end of the pool. Over the top starts will be used at the discretion of the Meet Management.
- 14 Electronic timing will be used
- 15 Heat results will not be announced but results of each event and details of winners will be posted around the pool as soon as possible. The top eight in each event will be announced.
- 16 Awards will be made to the top 8 in each event on a HDW basis. Medals can be collected from the Medal Table.
- 17 Passes will be issued to Coaches at a cost of £8.00, which will entitle them to admission to all sessions, a programme, result sheets.
- 18 **Only Swimmers and Coaches (with passes) will be allowed on poolside**

